



SEPTEMBER 6th, 6pm-8pm

BOOK SIGNING!

Author Norene Gilletz of  
**Second Helpings, Please!**

Please RSVP at 514-369-2002 or [info@appetitebooks.ca](mailto:info@appetitebooks.ca)

*Bring your original copy to get signed or pick up this new printed edition*

Come join us as we celebrate the re-issue of Norene Gilletz's 1968 published cookbook *Second Helpings, Please!* Originally conceived as a culinary celebration of Jewish Holy Days, *Second Helpings, Please!* has evolved into an indispensable cooking treasury, one designed with convenience in mind, but packed with all sorts of helpful tips and advice for the amateur cook. From discussions of oven temperatures to substitutions (when you do not have fresh milk, for example), from a primer on how to measure, to a dictionary of food terms, this soup to nuts compendium features over 500 recipes, plus extra pages to fill in one's own special favourites.

This iconic cookbook was a project of Mount Sinai Chapter Montreal of B'nai Brith Women of Canada as it was then known.



This edition is a project of Mount Sinai Chapter, Act To End Violence Against Women and marks the 17th printing of this cookbook. Proceeds from the sale of this book will be used to support the work to end violence against women. Over 49 years since its inception, it has sold in excess of 175,000 books around the world and raised more than \$250,000 for the work of the organization, now known as Act To End Violence Against Women. The organization's work gives hope for the future for abused women and helps makes their tomorrows better.